

PEOPLE . PLACES

## HEIGHTS OF DELIGHTS

15 x 30' (GER, FRE, 3 Eps ENG subs)

**This is a culinary journey through the stunning and diverse European alpine world.**

The documentary series *Heights of Delights* gives evidence of the greatness of the European mountain region. Food from that area is of the highest quality and in this series, we will meet the people of these mountains, who through their cooking will grant us insight into the origins of regional recipes and into the everyday lives of the culinary masterminds. Whether the meals are cooked on a simple wood stove or in a high-tech kitchen – quality ingredients and culinary dedication make each meal a pleasure!

Original Title: Gipfel der Genüsse

Year: 2013

Produced by: Eikon, ZDF, arte



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|---|---------------------------------------|--|
| 1. Sambuco, Stura in Italy                | 6. The Karawanken in Austria          | 11. The Valepper Alm in the Bavarian Mangfallgebirge |
| 2. The Zillertal Alps in South Tyrol      | 7. The Enzianhütte in the Allgäu Alps | 12. Firtina Valley in Kaçkar Mountains, South Turkey |
| 3. The Mátra in Northern Hungary          | 8. The Bergell in Switzerland         | 13. Mount Olympus, Greece                            |
| 4. The High Tatras in Slovakia            | 9. The Julian Alps in Slovenia        | 14. The Serra da Estrela in Portugal                 |
| 5. The plateau Luncanilor in Transylvania | 10. The Aravis massif in Savoy        |  |